

A Supportive Cancer Care Workshop For Anyone Affected by Cancer



InspireHealth
SUPPORTIVE CANCER CARE



Join Dr. Lori McFarlane MD, CCFP from InspireHealth for a Supportive Cancer Care Workshop. This program provides tools and information to take charge of your health and optimize your overall health and well-being. Participants learn about life-style related current scientific research and the many benefits of a whole-person approach to cancer care. The program is open to anyone with a current or previous cancer diagnosis and their support persons at no cost.

To register, please call 250-595-7125. Attendance is limited.

The workshops are offered free of charge. Please bring your own lunch.

PORT ALBERNI

When: Friday, May 26 from 9:30am to 3:30pm

Where: Alberni Valley Hospice Society, 3088 3rd Avenue, Port Alberni, BC, V9Y 2A5

COWICHAN VALLEY

When: Tuesday, May 30 from 9:30am to 3:30pm

Where: Canadian Cancer Society, 100 - 394 Duncan Street, Duncan, BC, V9L 3W4

SALT SPRING ISLAND

When: Wednesday, May 31 from 10:00am to 3:30pm

Where: Salt Spring Centre of Yoga, 355 Blackburn Road, Salt Spring Island, BC, V8K 2B8

InspireHealth is a not-for-profit, Ministry of Health approved supportive cancer care organisation.

Special thanks to our community partners, who have graciously donated their space to host these programs.



**Canadian
Cancer
Society**



ALBERNI VALLEY HOSPICE SOCIETY

LOWER MAINLAND
VANCOUVER
604.734.7125
#200 - 1330 West 8th Ave

VANCOUVER ISLAND
VICTORIA
250.595.7125
#212 - 2187 Oak Bay Ave

SOUTHERN INTERIOR
KELOWNA
250.861.7125
#123 - 525 Bernard Ave

INSPIRELIFE CANADA
VIRTUAL CENTRE
inspirehealth.ca/
inspirelifecanada

Stay in touch 1.888.734.7125

inspirehealth.ca